

Treasure-Mapping Worksheet

One way to organize a Treasure Map is to use the Feng Shui Bagua on a large sheet of poster board. Begin by spending some quiet time reflecting and then, on a small piece of paper like this one, jot a few notes about what you'd like to attract in these specific areas of your life. The font colors in each section are the color typically associated with each area of the Bagua and make nice background colors for your Treasure Map.

abundance / prosperity (or green or red)	fame / reputation	love / relationships
family	health	children / creativity
self-knowledge / study	career / life work	helpful people / travel / spiritual guides

Once you have spent some quite moments reflecting, and have a loose guide, start to play with your Treasure Map...add photos, drawings, text, and colors that make your heart sing! Have fun! Be light! Listen to beautiful music while you work! Remember to breathe...and smile *often*. It is my heartfelt belief that how we *feel* while creating our maps is even more important than the finished product!